

2025 VANCOUVER ISLAND SECONDARY SCHOOLS WRESTLING CHAMPIONSHIPS

DATE: February 7–8, 2025

ONLINE REGISTRATION:

Every athlete and coach must be registered in the BC School Sports “STARS” program. Please bring a copy of your school roster when you register in person on Friday.

SUBMIT the Island Championships *Excel sheet* registration via EMAIL to rymckenzie@shaw.ca and lmallon2008@live.com. *If you have any questions regarding how to register, please email me at nzuback@qms.bc.ca*

HOST LOCATION

Weigh-in & Tournament

Queen Margaret’s School – Sports Hall

660 Brownsey Avenue

Duncan, BC

V9L 1C2

Cell 250.815.0959 (Nick Zuback – Tournament Director)

DIRECTIONS: Click on the link below for directions to Queen Margaret’s School:

<https://goo.gl/maps/aN4LM1LKBAA4BZ4d6>

SCHEDULE

Friday, February 7

4:00 pm–6:00 pm Registration at Queen Margaret’s School Sports Hall (gym)

5:00 pm–7:00 pm Weigh-in at Queen Margaret’s School in Sports Hall (gym)

***or see remote weigh-in procedures sheet**

Note: Wrestlers will have one (1) hour to make weight (after their first weigh-in attempt), up to the final **deadline of 7:00 pm.**

Note: A wrestler unable to participate at the Island Championships but hoping to wrestle at the BC's can be petitioned by their coach at the Island AGM for consideration if the reason is medical or unavoidable family or school issues. The wrestler should preferably attend the Islands, and the school must pay the entry fee for that wrestler. A coach should contact Island Zone Rep Nick Zuback in advance if unclear.



8:00 pm Island-seeding meeting at Queen Margaret's School (Karen Quinn Dining Hall).
8:30 pm Island AGM at Queen Margaret's School in the Karen Quinn Dining Hall. Please note that every school is expected to have at least one representative attend the Island AGM if possible.

Note: Items and motions for the Island AGM should be sent to Island Zone Rep Nick Zuback: nzuback@gms.bc.ca before February 5th.

Saturday, February 8:

8:30 am Venue opens: Sports Hall (gym)
10:00 am - 2:00 pm Wrestling
2:00 pm – 4:00 pm Finals & Awards

Note: The venue will have a concession for athletes and spectators. There will also be a room with food available for coaches and officials.

All competing schools must be members of BC School Sports and have declared for Boys and/or Girls Wrestling. All individual wrestlers and coaches must be members of a registered school team or an approved alternative school and have been submitted to BC School Sports on a player eligibility form either by the January 2025 deadline or by the final add-on deadline of January 22, 2025. Only wrestlers in Grades 8–12 who have been cleared for eligibility by BC School Sports are eligible. For further details, consult their website's BC School Sports policies at www.bcschoolsports.ca.

The Tournament registration fee is **\$30.00 per athlete** (cheques can be made payable to Cowichan Valley Wrestling Club). Each school must pay a yearly Island fee of **\$35 per school**, payable to Vancouver Island Wrestling. Please make a separate cheque for your wrestler's registration and yearly Island fee.

WEIGHT CLASSES

All wrestlers must weigh in wearing a singlet and be given a .2 kg allowance. A skin check will be performed at the weigh-in, and a qualified professional will determine whether identified skin conditions are admissible. Unhealthy weight loss techniques, such as wearing plastics, will result in disqualification. All wrestlers must have a red and a blue singlet, reversible or school singlet (red and blue anklets will also be used) at the Island Championships.

BOYS: KG - 38, 41, 45, 48, 51, 54, 57, 60, 63, 66, 70, 74, 78, 84, 90, 110, 110–130
GIRLS: KG - 40, 43, 47, 51, 54, 57, 60, 64, 69, 75, 90, 90–110



Note: The maximum weight for boys is 130kg and 110kg for girls. The minimum weight for boys is 35kg and 36kg for girls.

The athlete **MUST NOT** weigh less than the weight class below.

Singlets and wrestling boots or clean running shoes must be worn. Before the weigh-in, make sure facial hair is trimmed and fingernails clipped.

AWARDS

The top three (3) wrestlers in each weight class will receive a medal. The top five (5) boys and six (6) girls from each division will qualify to wrestle at the Provincials. The top six (6) in each division will earn points for their team. The top three (3) teams for boys and girls will receive a team trophy, and the most outstanding male and female will be acknowledged.

OFFICIALS

If you have any questions or concerns, please contact Richelle McKenzie at rymckenzie@shaw.ca or lmallon2008@live.com.

HOTEL INFORMATION

BEST WESTERN COWICHAN VALLEY INN (host hotel)

6474 Trans-Canada Highway, Duncan, BC 250.748.2722

Group name: Vancouver Island Wrestling Championships

Group code: VIWC25

Check in: Feb 7th, 2025.

Check out: Feb 8th, 2025.

Room type: 20 rooms with 2 queen beds.

Discounted rate: \$149+taxes

Cut-off date: January 31st, 2025.

OCEANFRONT SUITES AT COWICHAN BAY

1681 Cowichan Bay Road, Cowichan Bay, BC 1.888.831.0549

We look forward to hosting you at Queen Margaret's School!

